

## DESCRIPTION OF THE COURSE OF STUDY

Course code		
Name of the course in	Polish	Psychologia rehabilitacji
	English	Rehabilitation psychology

## 1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Psychology
1.2. Mode of study	Full-time/Part-time studies
1.3. Level of study	Master's degree
1.4. Profile of study*	Basic
1.5. Person/s preparing the course description	Dr hab. Paweł Kurtek, prof. UJK
1.6. Contact	kurtekp@ujk.edu.pl

## 2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	English
2.2. Prerequisites*	Psychology of cognitive process; Psychology of emotion and motivation; Developmental Psychology; Psychology of Individual Differences

## 3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	lectures	
3.2. Place of classes	Jan Kochanowski University rooms	
3.3. Form of assessment	Exam	
3.4. Teaching methods	Study case, Information lecture, Problem lecture,	
3.5. Bibliography	Required reading	Kennedy, P. (ed.) (2013). The Oxford Handbook of Rehabilitation Psychology. Oxford University Press Livneh, H., & Parker, R. M. (2005). Psychological adaptation to disability: Perspectives from chaos and complexity theory. Rehabilitation Counseling Bulletin, 49(1), 17-28
	Further reading	Brenner, L.A. et al. (2019). Handbook of Rehabilitation Psychology. APA. Frank R.G, Rosenthal M. Caplan B. (2009). Handbook of Rehabilitation Psychology. Washington, APA. Jacobson, J.W.; Mulick J.A. and Rojahn, J. (2010). Intellectual and Developmental Disabilities. Springer. Dunn, D. (2015). The Social Psychology of Disability (Academy of Rehabilitation Psychology Series). Oxford University Press.

## 4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (lecture) C1. Getting acquainted with stressful psychological situation of the disabled C2. Getting acquainted with the process of adaptation to disability C3. Getting acquainted with cognitive compensation in hearing and visual impaired persons C4. Getting acquainted with coping with pain of chronically sick persons C5. Getting acquainted with social attitudes towards the disabled
4.2. Detailed syllabus (lectures) 1.Disability as a stressful situation – types of disability and potential stressors, models of rehabilitation (medical vs social). 2. Psychological process of adaptation to disability – changes in cognitive and affective areas in particular stages. 3 Cognitive compensation as mechanism of learning - possibilities and limitation in hearing and visual impaired persons, 4. Coping with pain – description of neurological mechanism of nociception; psychological mechanisms and help. 5. Social context of the disabled functioning – exploration and explanation of social attitudes.

#### 4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	knows the psychological terminology of the rehabilitation of disabled people	PSYCH_W01
within the scope of ABILITIES:		
U01	Can explain social attitudes towards disability and behavior of disabled people towards themselves and others	PSYCH_U01
within the scope of SOCIAL COMPETENCE:		
K01	Performs the ability to create rehabilitation activities that are valuable for the individual and the environment	PSYCH_K04

Teaching outcomes (code)	PP Presentations based on self - study (literary query and lecture participation)
	Form of classes
	L
W01	X
U01	X
K01	X

\*delete as appropriate

#### 4.5. Criteria of assessment of the intended learning outcomes

Form of classes	Grade	Criterion of assessment
lecture (L) (including e-learning)	3	Sufficient description of issues based on 1 source
	3,5	Sufficient description of issues based on more than 1 source
	4	Efficient description of issues based on more than 3 sources
	4,5	Efficient description of issues based on more than 3 sources with personal conclusions
	5	Excellent description of issues based on more than 4 sources with personal conclusions

#### 5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/	50	35
Participation in lectures	30	15
Others (e-learning)	20	20
INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/	50	65
Preparation for the lecture*	10	10
Gathering materials for the project/Internet query*	30	45
Preparation of multimedia presentation	10	10
TOTAL NUMBER OF HOURS	100	100
ECTS credits for the course of study	4	4

\*delete as appropriate

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

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