

DESCRIPTION OF THE COURSE OF STUDY

Course code		
Name of the course in	Polish	Psychologia osobowości
	English	Personality psychology

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Psychology
1.2. Mode of study	Full-time/Part-time studies
1.3. Level of study	Master's degree
1.4. Profile of study*	Basic
1.5. Person/s preparing the course description	Dr Dominik Boraawski
1.6. Contact	dborawski@ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	
2.2. Prerequisites*	Introduction to psychology

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lectures	
3.2. Place of classes	UJK	
3.3. Form of assessment	Graded credit	
3.4. Teaching methods	Lecture, discussion, case study, movies	
3.5. Bibliography	Required reading	<p>Cervone, D., & Pervin, L. (2013). <i>Personality: Theory and Research</i>. New York: Wiley and Sons.</p> <p>Kernis, M. H., & Goldman, B. M. (2006). A multicomponent conceptualization of authenticity: Theory and research. In M. P. Zanna, & M. P. Zanna (Eds.), <i>38. Advances in experimental social psychology</i> (pp. 283–357). San Diego: Elsevier Academic Press. https://doi.org/10.1016/S0065-2601(06)38006-9.</p>
	Further reading	<p>Baumeister, R. (2005). Rethinking self-esteem: Why non-profits should stop pushing self-esteem and start endorsing self-control. <i>Stanford Social Innovation Review</i>, 3, 34–41.</p> <p>Crocker, J., & Park, L. E. (2004). The costly pursuit of self-esteem. <i>Psychological Bulletin</i>, 130, 392–414.</p> <p>Jonason, P. K., & Middleton, J. P. (2015). Dark Triad: The “Dark Side” of Human Personality. W <i>International Encyclopedia of the Social & Behavioral Sciences</i> (s. 671–675). Elsevier. https://doi.org/10.1016/B978-0-08-097086-8.25051-4</p> <p>Sedikides, C., Slabu, L., Lenton, A., & Thomaes, S. (2017). State authenticity. <i>Current Directions in Psychological Science</i>, 26(6), 521–525. https://doi.org/10.1177/0963721417713296</p>

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (including form of classes) C1. Compare, critique and discuss the major theories, concepts, empirical findings, methods and techniques used in personality psychology. C2. Implement major theories, concepts, perspectives, and empirical findings in personality psychology to explain human behaviors and attitudes C3. Integrate different perspectives discussed in class to explain human behavior in everyday life C4. Find the practical implications of theories and research for self-improvement
4.2. Detailed syllabus (including form of classes) Lectures 1. Classical theories of personality 2. Trait theories of personality: Allport, Cattell, Eysenck, Big 5 3. Dark Side” of Human Personality: Dark triad and dark tetrad 4. Social-cognitive theory: Bandura, Mischel, 5. Cognitive Approaches to the Self; Adaptive approach to self: Authenticity, Self-compassion and Quiet ego

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	He has in-depth knowledge of the concept of personality in various fields of psychology.	PSYCH_W01
W02	Has in-depth knowledge of various personality structures and traits in relation to developmental, preventive and therapeutic processes.	PSYCH_W13
within the scope of ABILITIES:		
U01	Can explain, analyze and explain the relationship between personality and human behavior in various social and situational contexts.	PSYCH_U01
U02	Can use psychological theoretical knowledge in characterizing and diagnosing the personality of an individual.	PSYCH_U02
U03	Is aware of the need for continuous training in the profession of a psychologist and personal development, is open to a broader scientific understanding of the human personality.	PSYCH_U12
within the scope of SOCIAL COMPETENCE:		
K01	He is ready to carry out professional tasks, including team tasks, also in cooperation with specialists in other disciplines in the field of personality psychology.	PSYCH_K03

4.4. Methods of assessment of the intended learning outcomes

Teaching outcomes (code)	Method of assessment (+/-)																				
	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Group work*			Others* e.g. standardized test used in e-learning		
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes		
	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...
W01	+														+						
W02	+																				
U01					+																
U02					+										+						
U03					+																
K01					+										+						

*delete as appropriate

4.5. Criteria of assessment of the intended learning outcomes		
Form of classes	Grade	Criterion of assessment
lecture (L) (including e-learning)	3	from 50% of the points in the written exam
	3,5	from 61% of the points in the written exam
	4	from 71% of the points in the written exam
	4,5	from 81% of the points in the written exam
	5	from 91% of the points in the written exam
classes (C)* (including e-learning)	3	from 50% of the written test points
	3,5	from 61% of the written test points
	4	from 71% of the written test points
	4,5	from 81% of the written test points
	5	from 91% of the written test points
e-learning(E)	Grad-ed credit	from 50% of the credit score for thematic tasks on the e-learning platform

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
<i>NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/</i>	70	40
<i>Participation in lectures*</i>	30	20
<i>Participation in classes, seminars, laboratories*</i>	30	20
<i>e-learning</i>	10	0
<i>INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/</i>	55	85
<i>Preparation for the lecture*</i>	7	7
<i>Preparation for the classes, seminars, laboratories*</i>	25	55
<i>Preparation for the exam/test*</i>	20	23
<i>e-learning</i>	3	0
<i>TOTAL NUMBER OF HOURS</i>	125	125
ECTS credits for the course of study	5	5

**delete as appropriate*

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

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