

## DESCRIPTION OF THE COURSE OF STUDY

<b>Course code</b>	0313.3.PSY.B28.Pro	
<b>Name of the course in</b>	Polish	<b>Psychologia rodziny</b>
	English	<b>Family Psychology</b>

### 1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

<b>1.1. Field of study</b>	<b>Psychology</b>
<b>1.2. Mode of study</b>	<b>Full-time / part-time studies</b>
<b>1.3. Level of study</b>	<b>uniform master's degree</b>
<b>1.4. Profile of study*</b>	<b>General academic</b>
<b>1.5. Person/s preparing the course description</b>	dr Małgorzata Weryszko
<b>1.6. Contact</b>	Małgorzata.Weryszko@ujk.edu.pl

### 2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

<b>2.1. Language of instruction</b>	<b>Polish and English</b>
<b>2.2. Prerequisites*</b>	<b>Psychology and History of psychological thought</b>

### 3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

<b>3.1. Form of classes</b>	lectures	
<b>3.2. Place of classes</b>	Teaching rooms of the Jan Kochanowski University in Kielce	
<b>3.3. Form of assessment</b>	exam	
<b>3.4. Teaching methods</b>	Lecture: information lecture (IL); problem lecture (PL); film (FL)	
<b>3.5. Bibliography</b>	<b>Required reading</b>	Braun-Gałkowska M. (1991). Metody badania systemu rodzinnego. Lublin: KUL. Field D. (1996). Osobowości rodzinne. Warszawa: Logos. Janicka I., Liberska H. (2014). Psychologia rodziny. Warszawa: PWN. Płopa M. (2005). Psychologia rodziny: teoria i badania. Kraków: Impuls. Płopa M. (2008). Więzy w małżeństwie i rodzinie. Metody badań. Kraków: Impuls. Senko T. (2017). Psychodiagnoza i psychoterapia rodziny. Bielsko-Biała: Addendum.
	<b>Further reading</b>	Fiese, B. (red.) (2018). The Handbook of Contemporary Family Psychology. Washington: APA Books. Gorall, D. M. (2002). Faces IV and the Circumplex Model of Marital and Family Systems. University of Minnesota. Braun-Gałkowska M. (1990). Psychologia domowa. Olsztyn. De Barbaro B. (1999). Wprowadzenie do systemowego rozumienia rodziny. Kraków: Wydawnictwo UJ. Frydrychowicz A. (1996). Rysunek rodziny. Projekcyjna metoda badania stosunków rodzinnych. Warszawa: CMPPP MEN. Ryś M. (2004). Systemy rodzinne. Metody badań struktury rodziny pochodzenia i rodziny własnej. Warszawa: CMPPP.

### 4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

<b>4.1. Course objectives (including form of classes)</b> <i>Lecture</i> <b>C-1- Introduction to the subject of the psychological aspects of the family with particular emphasis on systemic understanding</b> <b>C-2- Preparation of students to solve problems in the context of the family</b> <b>C-3- Shaping the attitude of supporting and searching for family environment resources</b>
<b>4.2. Detailed syllabus (including form of classes)</b> <b>Lectures</b> 1. Acquainting with the course sheet and the conditions of passing. 2. The subject of family psychology and its relationship with other branches of psychology, the contribution of the main psychological directions to the development of the psychology of marriage and family 3. Basic concepts of marriage and family in psychology - historical outline 4. Parental attitudes: definitions of parental attitudes, main typologies, characteristics of selected attitudes, consequences of

negative parental attitudes 5. Basic methods for examining parents' attitudes 6. Systemic family concept: wholeness, circularity, equipotentiality, homeostasis, 7. Subsystems and boundaries in the family system 8. Comprehensive models of family functioning 9. Methods of researching family systems - projection and questionnaires 10. Selected problems of a dysfunctional family: family with an alcohol problem, co-addiction syndrome, the role of the family in maintaining addiction, children's behavior in an alcoholic family, ACA 11. Illness in the family - features of psychosomatic families 12. Model of family environment diagnosis
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#### 4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of <b>KNOWLEDGE:</b>		
W01	Has in-depth knowledge of the current achievements of family psychology, its trends, directions and research schools.	PSYCH_W01
W02	Has an orderly and in-depth knowledge of the terminology, theory and methodology of family psychology.	PSYCH_W03
W03	Has extensive knowledge of family psychology and its relationships with other areas of psychology.	PSYCH_W04
W04	Has extended knowledge of human functioning in the context of the family	PSYCH_W06
within the scope of <b>ABILITIES:</b>		
U01	He is able to correctly analyze and interpret the phenomena occurring in the family with different background and dynamics	PSYCH_U01
U02	Is able to use system theories in characterizing and analyzing the sources and dynamics of intra-family processes and is able to apply the theory in diagnosing the individual and the family system	PSYCH_U02
U03	Is able to build models of multifaceted phenomena related to the functioning of the family and based on them, and using appropriate methods and tools, predict the course of an individual's internal psychological processes	PSYCH_U04
U04	He can recognize the needs of individuals and families, see their problems and propose forms of psychological help	PSYCH_U11
within the scope of <b>SOCIAL COMPETENCE:</b>		
K01	Is able to co-create projects supporting the functions of families and predict the effects of such activities in the profession of a psychologist	PSYCH_K05
K02	He is able to actively and enterprisingly use the skills of cooperation with families in the area of his profession	PSYCH_K01

#### 4.4. Methods of assessment of the intended learning outcomes

Teaching outcomes (code)	Method of assessment (+/-)																							
	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Group work*			Others* e.g. standardized test used in e-learning					
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes					
	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...
W01	+										+													
W02	+										+													
W03	+										+													
W04	+										+													
U01	+										+													

