DESCRIPTION OF THE COURSE OF STUDY

Course code		0313.3.PSY.B28.Pro						
Name of the course in	Polish	Psychologia rodziny						
	English	Family Psychology						

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Psychology
1.2. Mode of study	Full-time / part-time studies
1.3. Level of study	uniform master's degree
1.4. Profile of study*	General academic
1.5. Person/s preparing the course description	dr Małgorzata Weryszko
1.6. Contact	Malgorzata.Weryszko@ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	Polish and English
2.2. Prerequisites*	Psychology and History of psychological thought

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	3	lectures						
3.2. Place of classes		Teaching rooms of the Jan Kochanowski University in Kielce						
3.3. Form of assessi	ment	exam						
3.4. Teaching meth	ods	Lecture: information lecture (IL); problem lecture (PL); film (FL)						
3.5. Bibliography	Required reading	Braun-Gałkowska M. (1991). Metody badania systemu rodzinnego. Lublin: KUL.						
		Field D. (1996). Osobowości rodzinne. Warszawa: Logos.						
		Janicka I., Liberska H. (2014). Psychologia rodziny. Warszawa: PWN.						
		Plopa M. (2005). Psychologia rodziny: teoria i badania. Kraków:						
		Impuls.						
		Plopa M. (2008). Więzi w małżeństwie i rodzinie. Metody badań.						
		Kraków: Impuls.						
		Senko T. (2017). Psychodiagnoza i psychoterapia rodziny. Bielsko-						
		Biała:Addendium.						
	Further reading	Fiese, B. (red.) (2018). The Handbook of Contemporary Family						
		Psychology. Washington: APA Books.						
		Gorall, D. M. (2002). Faces IV and the Circumplex Model of Marital						
		and Family Systems. University of Minnesota.						
		Braun-Gałkowska M. (1990). Psychologia domowa. Olsztyn.						
		De Barbaro B. (1999). Wprowadzenie do systemowego rozumienia						
		rodziny. Kraków: Wydawnictwo UJ.						
		Frydrychowicz A. (1996). Rysunek rodziny. Projekcyjna metoda						
		badania stosunków rodzinnych. Warszawa: CMPPP MEN.						
		Ryś M. (2004). Systemy rodzinne. Metody badań struktury rodziny						
		pochodzenia i rodziny własnej. Warszawa: CMPPP.						

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (including form of classes)

Lecture

- C-1- Introduction to the subject of the psychological aspects of the family with particular emphasis on systemic understanding
- C-2- Preparation of students to solve problems in the context of the family
- C-3- Shaping the attitude of supporting and searching for family environment resources
- 4.2. Detailed syllabus (including form of classes)

Lectures

- 1. Acquainting with the course sheet and the conditions of passing.
- 2. The subject of family psychology and its relationship with other branches of psychology, the contribution of the main psychological directions to the development of the psychology of marriage and family
- 3. Basic concepts of marriage and family in psychology historical outline
- 4. Parental attitudes: definitions of parental attitudes, main typologies, characteristics of selected attitudes, consequences of

- negative parental attitudes
- 5. Basic methods for examining parents' attitudes
- 6. Systemic family concept: wholeness, circularity, equifinalism, equipotentiality, homeostasis,
- 7. Subsystems and boundaries in the family system
- 8. Comprehensive models of family functioning
- 9. Methods of researching family systems projection and questionnaires
- 10. Selected problems of a dysfunctional family: family with an alcohol problem, co-addiction syndrome, the role of the family in maintaining addiction, children's behavior in an alcoholic family, ACA
- 11. Illness in the family features of psychosomatic families
- 12. Model of family environment diagnosis

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes						
	within the scope of KNOWLEDGE:							
W01	Has in-depth knowledge of the current achievements of family psychology, its trends, directions and research schools.	PSYCH_W01						
W02	Has an orderly and in-depth knowledge of the terminology, theory and methodology of family psychology.	PSYCH_W03						
W03	Has extensive knowledge of family psychology and its relationships with other areas of psychology.	PSYCH_W04						
W04	Has extended knowledge of human functioning in the context of the family	PSYCH_W06						
within the scope of ABILITIES:								
U01	He is able to correctly analyze and interpret the phenomena occurring in the family with different background and dynamics	PSYCH_U01						
U02	Is able to use system theories in characterizing and analyzing the sources and dynamics of intra-family processes and is able to apply the theory in diagnosing the individual and the family system	PSYCH_U02						
U03	Is able to build models of multifaceted phenomena related to the functioning of the family and based on them, and using appropriate methods and tools, predict the course of an individual's internal psychological processes	PSYCH_U04						
U04	He can recognize the needs of individuals and families, see their prob- lems and propose forms of psychological help	PSYCH_U11						
	within the scope of SOCIAL COMPETENCE:							
K01	Is able to co-create projects supporting the functions of families and predict the effects of such activities in the profession of a psychologist	PSYCH_K05						
K02	He is able to actively and enterprisingly use the skills of cooperation with families in the area of his profession	PSYCH_K01						

4.4. Methods of as	sessm	ent o	of the	inte	ende	d lea	rnin	g out	com	es											
		Method of assessment (+/-)																			
Teaching outcomes		Exam l/writ		Test*			Project*			Effort in class*			Self-study*			Group work*			Others* e.g. standard- ized test used in e- learning		
(code)		Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes	
	L	С		L	С		L	С		L	C		L	С		L	С		L	С	
W01	+										+										
W02	+										+										
W03	+										+										İ
W04	+										+										į
U01	+										+										

U02						+					+	
U03											+	
U04											+	
K01											+	
K02											+	

^{*}delete as appropriate

4.5. Criteria of assessment of the intended learning outcomes								
Form of classes	Grade	Criterion of assessment						
	3	The student has mastered the material in a satisfactory / basic exam on the exam at						
e-		least 50% of the answers						
(L) (including e- learning)	3,5	The student mastered the material in a satisfactory exam, the exam in the exam						
clud		more than 61% of the answers						
(inc	4	The student mastered the material in a good and practical examination on the exam						
(L)		- 71% positive answers						
lecture (L) lear	4,5	The student has mastered the material in the above way, which has over 1% of the						
ectr		exam on the subject						
1	5	The student mastered the material in a good and practical examination on the exam						
		91% of answers						

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

	Student	's workload
Category	Full-time studies	Extramural studies
NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/	50	30
Participation in lectures*	30	15
Participation in classes, seminars, laboratories*	13	13
Preparation in the exam/final test*	2	2
Others (please specify e.g. e-learning)*	5	0
INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/	50	70
Preparation for the lecture*	15	20
Preparation for the classes, seminars, laboratories*	15	25
Preparation for the exam/test*	5	10
Gathering materials for the project/Internet query*	5	5
Preparation of multimedia presentation	5	5
Others *	5	5
TOTAL NUMBER OF HOURS	100	100
ECTS credits for the course of study	4	4

^{*}delete as appropriate

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)