

**DESCRIPTION OF THE COURSE OF STUDY  
FOR EXCHANGE STUDENTS**

<b>Name of the course in</b>	English	<b>Psychology of social cognition</b>
	Polish	<b>Psychologia poznania społecznego</b>

**1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES**

<b>1.1 Field of study</b>	Psychology
<b>1.2 Level of study</b>	Full time-studies

**2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY**

<b>2.1 Language of instruction</b>	English
<b>2.2 Semesters in which the course of study is offered</b>	summer
<b>2.3 ECTS credits</b>	4

**3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY**

<b>3.1. Form of classes</b>	Lecture
<b>3.2. Form of assessment</b>	Graded credit

**4. OBJECTIVES, SYLLABUS CONTENT**

<p><b>4.1. Course objectives</b>  <i>C1. Compare, critique and discuss the major theories, concepts, empirical findings, methods and techniques used in social cognition psychology.</i>  <i>C2. Implement major theories, concepts, perspectives, and empirical findings in social cognition to explain human behaviors and attitudes</i>  <i>C3. Integrate different perspectives discussed in class to explain human behavior in everyday life</i>  <i>C4. Find the practical implications of theories and research for self-improvement</i></p>
<p><b>4.2. Detailed syllabus</b>  <i>1. Psychology of self</i>  <i>2. Dark sides of pursuing high self-esteem</i>  <i>3. Adaptive approach to self: Authenticity, Self-compassion and Quiet ego</i>  <i>4. Psychology of social comparisons</i>  <i>5. Regulatory functions of beliefs about social world</i></p>