DESCRIPTION OF THE COURSE OF STUDY

Course code		
Name of the course in	Polish	Psychologia pracy
	English	Work psychology

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Psychology
1.2. Mode of study	Full-time/ part-time
1.3. Level of study	Full-time
1.4. Profile of study*	General academic
1.5. Person/s preparing the course description	dr Ewelina Okoniewska
1.6. Contact	ewelina.okoniewska@ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	Polish/English
2.2. Prerequisites*	Social psychology
	Fundamentals of psychology and history of psycho-
	logical thought

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	S	e.g. lectures, classes, (including e-learning)					
3.2. Place of classes	3	Didactic premises of UJK					
3.3. Form of assess	ment	Lecture, Classes, e-learning: pass/fail					
3.4. Teaching meth	ods	Lecture: informative lecture (WI), problem lecture (WP), conversa-					
		tion lecture (WK)					
		Exercises: workshop, multiple (group) discussion (DG), discussion-					
		brainstorming (BM), video (FL)					
3.5. Bibliography	Required reading	1. Ratajczak Z. Psychologia pracy i organizacji Wydawnictwo Nau-					
		kowe PWN 2008					
		2. Schultz D.P. Schultz S. E. Psychologia a wyzwania dzisiejszej pra-					
		cy. Wydawnictwo Naukowe PWN 2002					
		3. Jachnis A. Psychologia organizacji. Difin, 2008.					
	Further reading	1. Brzezińska E., Paszkowska – Rogacz A. Człowiek w firmie. En-					
		gram/Difin 2009					
		2. Wojdyło K. Pracoholizm. Perspektywa poznawcza. Engram/Difin					
		2010					

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (including form of classes)

LECTURES

- C-1- to familiarize students with the basic terms of work and organizational psychology
- C-2- preparing students to understand psychological problems in the workplace
- C-3- to form a proper attitude towards the issues of work psychology and the ability to respond appropriately CLASSES
- C-1- acquainting students with psychosocial factors conditioning the choice of profession and human functioning at work
- C-2- preparing to recognize psychological problems in the workplace
- C-3- to sensitize students to the needs of the individual at work

E-LEARNING

- C1- to learn the knowledge of the theory of work psychology and basic issues.
- C2- preparing to recognize problems of psychological nature in the workplace.
 - C3- raising awareness of concern for the ethical side of human work

4.2. Detailed syllabus (including form of classes)

Lectures

- 1. familiarization with the course charter and the conditions for passing the course
- 2. psychology of work basic issues, genesis,
- 3. history of work psychology- Hawthorne research
- 4. areas of work psychologists

- 5. man at work meaning of work, functional adequacy, values of work,
- 6. psychological aspects of involvement in work, job satisfaction
- 7. theories of economic development, globalization
- 8. consumption and work
- 9. contemporary problems of psychology of work work in pandemic, work-home-home conflict, remote work, workaholism, stress at work
- 10. psychological aspects of unemployment,
- 11. recruitment and selection of personnel
- 12. motivation to work- definition, models and theories, examples used in selected organizations

Classes

- 1. familiarization with the course charter and the conditions for credit
- 2. presentation by students of selected jobs
- 3. the value of work in human life individual hierarchy of values, psychological, social and physical benefits and risks
- 4. dynamics of the world of work-occupations new and disappearing from the world of work
- 5. difficult situations and stress at work,
- 6. work and health- occupational burnout and post-traumatic stress syndrome
- 7. pathologies in the workplace bullying, workaholism, crisis, trauma
- 8. motivation to work- psychological perspective, selected theories
- 9. leadership-Basic characteristics, selected theories, charismatic leader,
- 10. psychological tools used in work psychology-Interview, LMI, KLASP

E-learning

- 1. to get acquainted with the course charter and the conditions for passing the course
- 2. getting acquainted with the basic issues of labor psychology
- 3. tasks of labor psychologists, areas of activity in the labor market. Where can a labor psychologist work?
- 4. difficult situations in the world of work and their consequences pandemic, economic crisis, war
- 5. work life balance- reconciliation of professional and non-work life

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes							
	within the scope of KNOWLEDGE:								
W01	Has an expanded knowledge of the nature of work psychology and knows its embedding in the social sciences	PSYCH_W04							
W02	Has an expanded knowledge of the relationship between employees, employers and other factors that are relevant to the professional functioning of a person	PSYCH_W12							
W03	Has in-depth knowledge of the psychological aspects of professional human activity and knows the psychological principles of supporting individual professional and social activity	PSYCH_W11							
	within the scope of ABILITIES:								
U01	Is able to correctly explain the relationships between issues related to the psychology of work	PSYCH_U01							
U02	Is able to use theories both on work psychology to explain work-related behavior. In addition, it can use selected research tools to evaluate selected aspects related to work psychology	PSYCH_U02							
U03	Has in-depth skills regarding communication techniques in professional situations	PSYCH_U09							
	within the scope of SOCIAL COMPETENCE :								
K01	Is able to co-create social projects, foresee social consequences of his activities in the profession of psychology	PSYCH_K05							
K02	Ensures compliance with the ethics of the profession of labor psychologist	PSYCH_K06							

	Method of assessment (+/-)												
Teaching outcomes	Exam oral/written*	Test*	Project*	Effort in class*	Self-study*	Group work*	Others* e.g. standard- ized test used in e- learning						
(code)	Form of classes	Form of classes	Form of classes	Form of classes	Form of classes	Form of classes	Form of classes						
	L C	L C	L C	L C	L C	L C	L C						

W01		+	+			+					+	
W02		+	+			+					+	
W03		+	+						<u> </u>			
U01		+	+			+					+	
U02			+			+					+	
U03			+			+					+	
K01			+			+		·			+	
K02						+					+	

^{*}delete as appropriate

4.5. Crite	4.5. Criteria of assessment of the intended learning outcomes								
Form of classes	Grade	Criterion of assessment							
(,) e-	3	min. 50% correct answers from the colloquium							
(L ng e ng)	3,5	min. 61% correct answers from the colloquium							
ecture (I ncluding learning)	4	min. 71% correct answers from the colloquium							
lecture (I (including learning)	4,5	min. 81% correct answers from the colloquium							
l (i)	5	min. 91% correct answers from the colloquium							
اید	3	min. 50% correct answers from the colloquium							
C)* ng e- ng)	3,5	min. 61% correct answers from the colloquium							
classes (C) (including learning)	4	min. 71% correct answers from the colloquium							
classes (includi learni	4,5	min. 81% correct answers from the colloquium							
c)	5	min. 91% correct answers from the colloquium							
ا يد	3	The student achieved at least 50% of the pass mark for all required subject tasks on the e-learning platform							
); ng e ng)	3,5	The student achieved at least 61% of the pass mark for all required subject tasks on the e-learning platform							
hers (ncluding learning)	4	The student achieved at least 71% of the pass mark for all required subject tasks on the e-learning platform							
others ((including learning	4,5	The student achieved at least 81% of the pass mark for all required subject tasks on the e-learning platform							
o (i)	5	The student achieved at least 91% of the pass mark for all required subject tasks on the e-learning platform							

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

	Studer	ıt's workload		
Category	Full-time studies	Extramural studies		
NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER	50	30		
/CONTACT HOURS/				
Participation in lectures*	30	15		
Participation in classes, seminars, laboratories*	10	15		
Preparation in the exam/final test*	-	-		
Others (please specify e.g. e-learning)*	10	-		
INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/	50	70		
Preparation for the lecture*	10	20		
Preparation for the classes, seminars, laboratories*	10	30		
Preparation for the exam/test*	20	20		
Gathering materials for the project/Internet query*	-	-		
Preparation of multimedia presentation	-	-		
Others *Preparation e-leraning	10	-		
TOTAL NUMBER OF HOURS	100	100		
ECTS credits for the course of study	4	4		

^{*}delete as appropriate

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)