

DESCRIPTION OF THE COURSE OF STUDY

Course code		
Name of the course in	Polish	<i>Metodyka edukacji motorycznej w przedszkolu</i>
	English	Methodology of Motor Education in Preschool

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	<i>Preschool and Early School Education</i>
1.2. Mode of study	<i>full-time studies / extramural studies</i>
1.3. Level of study	<i>master's course</i>
1.4. Profile of study*	<i>academic</i>
1.5. Person/s preparing the course description	<i>dr Magdalena Lelonek</i>
1.6. Contact	<i>magdalena.lelonek@ujk.eu.pl</i>

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	Polish
2.2. Prerequisites*	<i>Foundations of physical education, biomedical foundations of human development</i>

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	<i>Lectures, classes</i>	
3.2. Place of classes	<i>traditional activities in the Jan Kochanowski University building and outside (kindergartens, green area (e.g. Parks), sports fields, sports institutions)</i>	
3.3. Form of assessment	<i>credit with grade</i>	
3.4. Teaching methods	Lecture <i>information lecture</i> <i>explanation lecture</i> <i>multiple (group) discussions</i> Classes <i>Exercises</i> <i>project method</i> <i>explanation</i> <i>multiple (group) discussions</i>	
3.5. Bibliography	Required reading	<ol style="list-style-type: none"> Owczarek S., <i>Gimnastyka przedszkolaka</i>, WSiP, Warszawa, 2001. Trzeźniowski R., <i>Gry i zabawy ruchowe</i>. WSiP, Warszawa 1997. Właźnik K., <i>Wychowanie fizyczne w przedszkolu, Przewodnik metodyczny dla nauczyciela</i>, Warszawa, Juka 1996.
	Further reading	<ol style="list-style-type: none"> Antoszczyk G. (red.), <i>Zajęcia ruchowe w przedszkolu</i>, AWF Wrocław, 2004. Erkert A., <i>Nowe gry i zabawy ruchowe</i>, Jedność Kielce, 2013. Winczewski P., <i>Zabawy i gry ruchowe aktywizujące mięśnie tułowia</i>, Di-fin Warszawa, 2016. Markowska M., <i>Ćwiczenia i zabawy ruchowe dla dzieci w wieku przedszkolnym</i>, Grupa Edukacyjna S.A., 2013.

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

4.1. Course objectives (including form of classes)

Lectures:

W1: Describing the role of exercises in preschool education.

W2: Introducing students to the foundations of methodology of motor education in preschool education.

Classes:

C1. Development of students' skills in the selection of implementation methods of movement tasks in kindergartens.

C2. Development the skills of teaching physical education in preschool education.

4.2. Detailed syllabus (including form of classes)

Lectures:

1. The place and role of physical education in preschool education.
2. Recommendations for organising movement activities in kindergarten.
3. Methods, forms and equipment used in physical education in preschool education.
4. Movement activities: planning, organization.
5. The physical education curriculum in kindergarten.

Classes:

1. Resources of plays, games and exercises used in teaching fundamental motor skills and motor development.
2. Planning of movement activities in kindergarten. Preparation plans of the activities.

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	The student has the ability how to use play in the educational process with preschool children	PPW_W11
within the scope of ABILITIES:		
U01	The student is able to undertake physical activities in kindergarten according to the children's needs.	PPW_U03
U02	The student has the skill of using methods, forms and equipment according to pre-school education objectives.	PPW_U04
within the scope of SOCIAL COMPETENCE:		
K01	The student can build interpersonal relations with a child.	PPW_K03

4.4. Methods of assessment of the intended learning outcomes

Teaching outcomes (code)	Method of assessment (+/-)																							
	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Group work*			Others* e.g. standardized test used in e-learning					
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes					
	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...			
W01				x							x													x
U01							x																	x
U02				x			x																	x
K01																								x

*delete as appropriate

4.5. Criteria of assessment of the intended learning outcomes

Form of classes	Grade	Criterion of assessment
lecture (L) (including e-learning)	3	Passing the test with the effect of 50%
	3,5	Passing the test with the effect of 62%
	4	Passing the test with the effect of 70%
	4,5	Passing the test with the effect of 83%
	5	Passing the test with the effect of 90%
classes (C)* (including e-learning)	3	Obtaining points for all activities from 50%
	3,5	Obtaining points for all activities from 62%
	4	Obtaining points for all activities from 70%
	4,5	Obtaining points for all activities from 83%
	5	Obtaining points for projects and activities from 90%

others (...)* (including e-learning)	3	
	3,5	
	4	
	4,5	
	5	

5. BALANCE OF ECTS CREDITS – STUDENT’S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
<i>NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/</i>	35	25
<i>Participation in lectures*</i>	15	10
<i>Participation in classes, seminars, laboratories*</i>	20	15
<i>Preparation in the exam/ final test*</i>	0	0
<i>Others (please specify e.g. e-learning)*</i>	0	0
<i>INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/</i>	15	25
<i>Preparation for the lecture*</i>	3	5
<i>Preparation for the classes, seminars, laboratories*</i>	5	10
<i>Preparation for the exam/test*</i>	4	7
<i>Gathering materials for the project/Internet query*</i>	3	3
<i>Preparation of multimedia presentation</i>	0	0
<i>Others *</i>	0	0
TOTAL NUMBER OF HOURS	50	50
ECTS credits for the course of study	2	2

*delete as appropriate

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

.....