

**DESCRIPTION OF THE COURSE OF STUDY
FOR EXCHANGE STUDENTS**

Name of the course in	English	Addiction psychology
	Polish	<i>Psychologia uzależnień</i>

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1 Field of study	Psychology
1.2 Level of study	Full time-studies

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1 Language of instruction	Polish/English
2.2 Semesters in which the course of study is offered	winter
2.3 ECTS credits	4

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lecture
3.2. Form of assessment	graded credit

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED TEACHING OUTCOMES

<p>4.1. Course objectives Lecture C1 – Providing knowledge about addictions and addictive behaviours C2 - Developing the ability to diagnose, intervene and plan help for addicts and co-addicts C3 - Shaping correct attitudes towards addicts and their families;</p>
<p>4.2. Detailed syllabus <i>Lecture</i> 1. Models of explaining addiction. 2. Determinants of addiction: biological, psychological, social. 3. Psychopharmacology of typical intoxicants. Consequences of using psychoactive substances. 4. Mental addiction and psychological mechanisms of addiction. 5. Addiction to alcohol and other psychoactive substances. 6. Criteria for the diagnosis of addiction - DSM V and ICD 10. 7. Disorders related to the use of psychoactive substances - diagnostic categories. 8. Behavioral addictions. Addictive behavior and contemporary culture. 9. Psychotherapy of addictions - healing factors. 10. Unprofessional help and therapy. 12 Step Program and Support Groups (AA, Al-Anon, Al-Ateen). 11. Characteristics of the phenomenon of codependency. 12. Children in a family affected by addiction. The phenomenon of parentification. 13. Adult children of alcoholics - a stigma or a development opportunity? 14. Addiction prevention. Recommended preventive programs.</p>