

**DESCRIPTION OF THE COURSE OF STUDY
FOR EXCHANGE STUDENTS**

Name of the course in	English	INTERPERSONAL COMMUNICATION
	Polish	KOMUNIKACJA INTERPERSONALNA

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1 Field of study	PSYCHOLOGY
1.2 Level of study	5 years Master Studies

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1 Language of instruction	English
2.2 Semesters in which the course of study is offered	2 (Summer)
2.3 ECTS credits	3

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lecture
3.2. Form of assessment	Graded Credit

4. OBJECTIVES, SYLLABUS CONTENT

<p>4.1. Course objectives <i>C1. Acquaint students with the principles of effective interpersonal communication.</i> <i>C2. Developing the ability to correctly send and receive messages in interpersonal situations.</i> <i>C3. Shaping the responsibility for the communication process.</i></p>
<p>4.2. Detailed syllabus <i>1. The communication process.</i> <i>2. Communication styles.</i> <i>3. Difficulties in communication.</i> <i>4. The main factors disturbing communication.</i> <i>5. Communication in the interpersonal conflict.</i> <i>6. The active and empathic listening.</i> <i>7. Verbal and nonverbal communication.</i> <i>8. The barriers in communication</i> <i>9. The assertive behaviours concept.</i> <i>10. The assertive communication.</i> <i>11. The limitations of assertive communication.</i> <i>12. Personal(ity) and cultural conditioning of interpersonal communication.</i></p>