

**DESCRIPTION OF THE COURSE OF STUDY
FOR EXCHANGE STUDENTS**

Name of the course in	English	Personality psychology
	Polish	Psychologia osobowości

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1 Field of study	Psychology
1.2 Level of study	Full time-studies

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1 Language of instruction	English
2.2 Semesters in which the course of study is offered	winter
2.3 ECTS credits	5

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	lecture
3.2. Form of assessment	graded credit

4. OBJECTIVES, SYLLABUS CONTENT

4.1. Course objectives

- C1.* Obtaining knowledge by students about the basic concepts of personality under various psychological trends.
- C2.* Developing students' skills in distinguishing permanent and contextual personality dispositions predisposing to specific behaviors.
- C3.* Shaping students' readiness to respect the diversity of personality traits of people in diagnostic and supportive situations.

4.2. Detailed syllabus

1. The subject and basic concepts of personality psychology. Personality psychology as a sub-discipline of psychology.
2. Psychodynamic theory of personality: classical psychoanalysis by Freud - characteristics of the personality model and defense mechanisms.
3. Neopsychoanalytic theories of personality in terms of C. Jung, A. Adler, E. Fromm, K. Horney, E. Erickson.
4. The socio-cognitive theory of personality in terms of: A. Bandura, J. Rotter.
5. Phenomenological theory of personality: in search of the uniqueness of existence. C. Rogers' personality theory. V. Frankl's concept of logotherapy.
6. G. Kelly's theory of personal constructs.
7. Nonconformism as the core of the creative personality.
8. Personality narcissism.