

**DESCRIPTION OF THE COURSE OF STUDY
FOR EXCHANGE STUDENTS**

Name of the course in	English	Rehabilitation psychology
	Polish	Psychologia rehabilitacji

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1 Field of study	Psychology
1.2 Level of study	Full time-studies

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1 Language of instruction	English
2.2 Semesters in which the course of study is offered	winter
2.3 ECTS credits	4

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lecture
3.2. Form of assessment	<i>graded credit</i>

4. OBJECTIVES, SYLLABUS CONTENT

<p>4.1. Course objectives <i>C1. Getting acquainted with stressful psychological situation of the disabled</i> <i>C2. Getting acquainted with the process of adaptation to disability</i> <i>C3. Getting acquainted with cognitive compensation in hearing and visual impaired persons</i> <i>C4. Getting acquainted with coping with pain of chronically sick persons</i> <i>C5. Getting acquainted with social attitudes towards the disabled</i></p>
<p>4.2. Detailed syllabus <i>1. Disability as a stressful situation – types of disability and potential stressors, models of rehabilitation (medical vs social).</i> <i>2. Psychological process of adaptation to disability – changes in cognitive and affective areas in particular stages.</i> <i>3 Cognitive compensation as mechanism of learning - possibilities and limitation in hearing and visual impaired persons,</i> <i>4. Coping with pain – description of neurological mechanism of nociception; psychological mechanisms and help.</i> <i>5. Social context of the disabled functioning – exploration and explanation of social attitudes.</i></p>