

**DESCRIPTION OF THE COURSE OF STUDY  
FOR EXCHANGE STUDENTS**

<b>Name of the course in</b>	English	<b>Work psychology</b>
	Polish	Psychologia pracy

**1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES**

<b>1.1 Field of study</b>	Psychology
<b>1.2 Level of study</b>	Full time-studies

**2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY**

<b>2.1 Language of instruction</b>	Polish/English
<b>2.2 Semesters in which the course of study is offered</b>	winter
<b>2.3 ECTS credits</b>	4

**3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY**

<b>3.1. Form of classes</b>	<b>lecture</b>
<b>3.2. Form of assessment</b>	<b>graded credit</b>

**4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED TEACHING OUTCOMES**

**4.1. Course objectives**

C- 1- describe and analyse occurrence of health and ill health in relation to psychological and organizational factors and describe and discuss instruments and methods for mapping of psychosocial working conditions.

C-2-reflect around different theories and models about the development of groups and show ability to come up with measures that develop the group.

C-3-reflect around different theories and models regarding conflicts and how to support individuals and groups and show ability to apply these in collaboration.

C-3-analyse how working environment and organisational factors can lead to stress-related ill health and suggest and in collaboration carry out and evaluate support measures on individual and organisational level.

C- 3describe and reflect around the importance for working environment and health of the organisation and the leadership.

**4.2. Detailed syllabus**

**Lecture**

1. Acquainting with the course sheet and the conditions of passing
2. Psychology of work - basic issues
3. Man at work - Functional adequacy
4. Psychological aspects of work involvement
5. Psychological theories of burnout - a review
6. Workaholism - the psychological aspect
7. Contemporary problems of work psychology - emotional work, work - home - home - work conflict  
Psychological aspects of unemployment